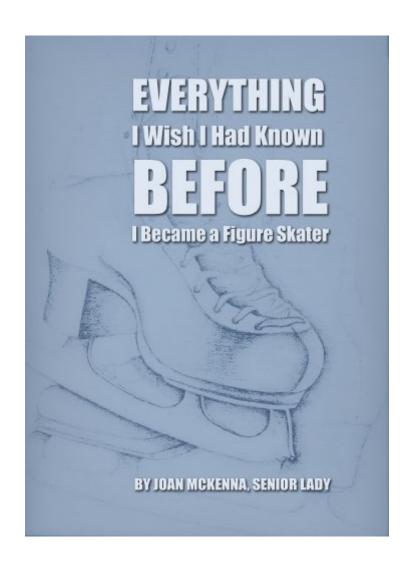


The book was found

Everything I Wish I Had Known Before I Became A Figure Skater





Synopsis

This book is designed for young figure skaters who are trying to advance in the sport. It provides many tips I wish I had known before embarking on my 17-year skating career, guidance that could have saved me much wasted time and frustration. The book is not designed as a collection of fond memories or funny stories. The text is tightly written by a journalist for easy reading and digestion. The price of the book reflects its short length.

Book Information

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Customer Reviews

Really? This is what I paid for? I was done reading in 10 minutes and the book didn't provide any insight

Three very short chapters, that can be summed up quickly: If you are fat, figure out why and fix it.

Train smarter not harder, and save money - make your own clothing and pick your own music. None of it was bad advice, just not terribly helpful either.

The author shares with young skater some ideas so that they might take charge of chosen sport of

ice skating. I like her scientific can do approach.

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